



THE REAL
EATING
COMPANY

Wine of the Month

Alpha Zeta 'P', Italy

A high-quality Pinot Grigio. A modern, spicy wine with extremely good balance and purity of fruit.

Wine List

Aperitifs

Sparkling Kir Royale with Breaky Bottom Sussex cassis liqueur	6.00
Marmalade Vodka and tonic	6.50
Williams Chase apple gin and tonic	6.50
Bloody Mary	6.00

Beer

Harvey's IPA 500ml	5.00
Harvey's Blue Label 500ml	5.00
Hepworth Blonde Lager half pint/pint	2.35/4.60

Sparkling

glass

bottle

Two glasses of sparkling Veuve d'Argent 4.75 each

NV Veuve d'Argent, Nuit-Saint-Georges, France	5.00	27.50
NV Ca Morlin Prosecco Superiore, Italy	6.50	33.00
2008 Hindleap Blanc de Blancs, Bluebell Vineyards, Sussex	8.00	40.00

White

glass

carafe

bottle

2010 Borgo Selene, Sicily

4.50

8.30

15.75

Grape: Catarratto/Inzolia

Made and blended at the Curatolo winery in Marsala, at the most Westerly point of Sicily. Crisp, fresh, medium-bodied and with a bouquet of green apples and pears, this wine is blended with Catarratto and Inzolia grapes, an indigenous variety to this Italian region.

2010 Molino Loco, Spain

4.70

8.70

16.50

Grape: Macabeo

Made by the Castano family in Yecla, Murcia. With fresh peachy and floral aromas and a hint of fennel, it is a well balanced wine with refreshing acidity.

2010 Les Vignes de L'Eglise, France

5.00

9.50

18.00

Grape: Vermentino

The Vermentino grapes for this wine come from selected vineyards in the Picpoul de Pinet region of sunny Southern France. Blended by the renowned Matt Thomson, this wine is aromatic, elegant and refined for the price, with good depth and roundness on the palate. Citrus notes and a long finish.

2010 Finca Los Prados, Argentina

5.50

10.25

19.50

Grape: Chenin/Semillon

Made by Valentin Bianchi in the San Rafael region of Argentina. The grapes are grown at high altitude in a dry sunny climate with cool nights, in the shadow of the Andes mountain range. Ripe and juicy, with a lemony zing from the Chenin grape and mineral body from the Semillon.

2010 Alpha Zeta 'C', Italy

6.00

11.25

21.30

Grape: Chardonnay

From the hills outside Verona, this wine mingles flavours of melon and nectarine with a toasty, biscuit character. It has a nice balance of oak and very good length.

2010 Baron de Badassiere, France

6.20

11.45

21.75

Grape: Sauvignon Blanc

Near the coast in Languedoc, the grapes are picked at night so they arrive at the winery fresh and cool for immediate pressing. Fermented in stainless steel at cool temperatures to preserve the delicate flavour of the sauvignon blanc grape, the result is a wine that is fresh and aromatic.

glass carafe bottle

2010 Domaine La Croix Gratiot, Picpoul de Pinet, France 7.00 12.85 24.35
Grape: Picpoul

In Montagnac in the Languedoc region, the Ricome family have been making wine since 2005. They have quickly built a distinctive style with their wonderfully pure, unoaked wines. Intensely zingy with a bright, clear scent of lime zest and white pepper. Light bodied, dry and fresh; this is just about as refreshing and revitalising as white wine gets.

2010 Alpha Zeta 'P', Italy 7.25 13.50 25.50
Grape: Pinot Grigio

A high-quality Pinot Grigio made by Matt Thomson outside Verona. A modern, scented and spicy wine with extremely good balance and purity of fruit.

2010 Mas La Chevaliere, France 7.25 13.50 25.50
Grape: Viognier

Founded just 15 years ago in the hillsides of Southern France, this winery is producing exciting, high-quality wines. This Viognier is a typical golden yellow with fine peach, apricot and spice tones. Medium-bodied but plenty of refreshing acidity to balance the weight of the Viognier grape.

2008 Cave de Hunawihr Reserve, France 7.80 14.00 27.00
Grape : Riesling

Founded in 1954, Hunawihr is a small co-operative just outside Colmar, the Alsatian 'capital' of wine. It has been rated the best co-operative in Alsace and the third best in the whole of France. This is largely due to their chief winemaker, Nicolas Garde, who crafts whistle clean yet interesting wines. This Riesling has a light to medium acidity with a mineral, lemon palate.

2009 Domaine Perraud Burgundy Aligote 8.00 14.65 28.00
Grape: Aligote

The Aligote is the traditional white grape of Burgundy . This Burgundy is made from what are described by the producers as 'young vines' (25 years old). The wine shows remarkable elegance and purity for the price. It is fresh with stone fruit aromas but typically Burgundian - rich, rounded and buttery with a long, mineral finish. The distinctive label, with a wolf on the front, refers to the story of Little Red Riding Hood, which was written by a local French author.

2010 Yealands Estate Marlborough, New Zealand 16.50 31.00
Grape: Gruner Veltliner

Marlborough is New Zealand's largest wine-producing area on the North-Eastern tip of the South island. The Yealands Estate uses cutting edge green technology in every aspect of their wine-making and this has been their first year producing a Gruner Veltliner which has already scooped an award. Black pepper and spice aromas with a crisp, dry apple finish make this wine particularly food-friendly.

2010 Domaine Sautereau Sancerre, France 17.50 33.00
Grape: Sauvignon blanc

The Sautereau family have been producing wine for nine generations in Crezancy village, 7kms from Sancerre. Their vineyards are spread over the villages of Crezancy, Bue and Sancerre to ensure the best Sancerre appellation is available for his blend. Their wine has an absolute purity with the distinctive smokey, gunflint character of the sauvignon blanc grape from this area.

Rose glass carafe bottle

2010 Alpha Zeta 'R', Italy 5.00 9.25 17.40
Grape: Corvina

A fragrant rosato made by Matt Thomson in the hills outside Verona. A vibrant pink colour with a delicate cherry flavour.

2010 Bodegas Castano Rosado, Spain 6.25 11.50 22.00
Grape: Monastrell

Daniel Castano and his family make this rose from 410 hectares in Yecla, South East Spain from 30 year old vines. Fresh, clean with strawberry and raspberry tones, it is a well-balanced and medium-bodied and extremely quaffable.

2010 La Villasse Cotes du Rhone Rose, France 7.25 13.25 25.00
Grape: Grenache

Made in the Southern Rhone, La Villasse refers to an ancient Roman site close to the vineyards, where vines have been grown since Roman times. A light and refined rose with good, fresh strawberry tones on the mid-palate.

Red	glass	carafe	bottle
2010 Pergolino Rosso Veronese, Italy Grape: Corvina/Rondinella <i>An extremely good value wine for the quality, made at Cantina Valpantena near Verona. A mini-Valpolicella made by one of the leading Valpolicella producers in the region. Bursting with cherry fruits, a warm, open and easy-drinking wine.</i>	4.75	8.75	16.50
2009 Molino Loco Monastrell DO Yecla, Spain Grape: Monastrell <i>Rich and spicy with great freshness and balance. Made by the Castano family in Southern Spain, this represents the latest Spanish wine-making to great effect - modern, clean, great value with a fruit-forward style.</i>	4.85	8.95	17.00
2010 Les Vignes de L'Eglise, France Grape : Merlot/Grenache <i>Made at the excellent Cave de Pomerols co-operative in the Picpoul de Pinet region. The area around Pomerol is cooler than much of the Languedoc, lending this wine a purity and elegance for the price. Cherry red in colour with fresh aromas of plum and berry fruit from the Merlot and lighter red fruit from the Grenache. A well-rounded drinking wine with a medium to full body and a touch of spice on the finish.</i>	5.00	9.25	17.45
2010 Finca Los Prados, Argentina Grape: Cabernet Sauvignon/Malbec <i>Made in San Rafael to the south of Mendoza city. Juicy and ripe yet with an elegant style and fine aromatic quality. Long cherry finish.</i>	5.65	10.50	19.85
2010 Baron de Badassiere Carignan Pays d'Oc, France Grape: Carignan <i>From the Picpoul de Pinet region, this Carignan has vibrant blackberry fruit and fresh acidity and is unoaked to preserve the pure juicy flavours.</i>	5.85	10.85	20.85
2010 Il Faggio Montepulciano d'Abruzzo, Italy Grape: Montepulciano <i>Made in one of the region's best co-operatives in the Northern part of Abruzzo. An intense red/black colour which is characteristic of the Montepulciano grape, this is full-bodied wine with dark fruit tastes but with a freshness and softness seldom found in these wines.</i>	6.20	11.45	21.60
2009 Promessa, Italy Grape: Organic Syrah/Merlot <i>From Puglia, a lively and robust wine made with exceptional quality fruit. The Merlot lends depth and intensity whilst the Syrah brings lighter, spicier notes.</i>	6.70	12.35	23.40
2009 Rioja Salbide, Spain Grape: Tempranillo <i>From the vineyards in Laguardia in the heart of the Rioja region. Aged in French and American oak barrels for four months, the style is between a young and old-style Rioja. A good, meaty wine with great depth and fruit roundness finished with the light smokiness and dryness associated with this grape.</i>	7.65	14.25	26.50
2009 Willunga 100 McLaren Vale, Australia Grape: Cabernet Sauvignon/Shiraz <i>Willunga 100 aim to produce unique and distinctive wines that lift the bar for Australian wine-makers. Produced south of Adelaide from 100 year-old vines, this wine offers excellent depth of colour with a distinct purple hue. Brambly, minty aromatics mixed with tobacco leaf, plum and spicy nuances. The palate has a strong tannin structure with power and great length.</i>	7.95	14.75	27.45
2007 Chateau de Fontenille Bordeaux Rouge, France Grape: Cabernet Sauvignon/Cabernet Franc/Merlot <i>Bordeaux wines and good value do not normally go together, but this producer is an exception to that rule. From 100 year-old vines comes this excellent Bordeaux with good weight, beautiful black cherry and blackcurrant notes with a long, supple and elegant finish. A classic.</i>	7.95	14.75	27.45
2010 Vina Punto Alto, Punto Nino, Chile Grape: Pinot Noir <i>Made to the west of Santiago in the Casablanca valley, just 20km from the Pacific Ocean. As Chile's wine-making skills are mature, they are now producing some top quality wine at fantastic value and this is no exception. Intense aromas of soft fruit, ripe and full-bodied yet with the long, delicate finish of the Pinot Noir grape.</i>		14.90	27.75

2010 Altos Las Hormigas Malbec Clasico, Argentina	15.20	28.35
Grape: Malbec		
<i>Altos Las Hormigas pioneered the use of Malbec in Argentina in the 1990's and their hard work is paying off. This Malbec Clasico has just won a gold award at the Decanter World Wine Awards. "Spicy, black cherry and cocoa with balanced long tannins and elegance" Robert Parker.</i>		
2007 Greenstone Vineyard, Heathcote , Australia	22.00	41.00
Grape: Shiraz/Syrah		
<i>Winner of numerous recent awards in 2011, this wine has depth and weight with a lovely rich brambly spicy fruit on the nose. On the palate it has a long, dark plum taste but finishes long and dry with excellent balance and suppleness. A superior wine that is concentrated without being overdone.</i>		
2008 Chateau Tour de Capet, St Emilion Grand Cru, France	24.95	47.00
Grape: Merlot/Cabernet Sauvignon/Cabernet Franc		
<i>Produced from just 12 hectares surrounding the Château itself, the grapes are sorted on a vibrating sorting table before being fermented in cement vats. The wine is then part aged in French oak barrels to add complexity and mellow the tannins and part aged in inert vessels to retain freshness and purity. Whilst the flavour is predominantly Merlot, the two Cabernet grapes give a lifted cassis perfume and a cedar complexity to the palate.</i>		
2006 G.D. Vajra Barolo 'Le Albe', Italy	34.00	64.00
Grape: Nebbiolo		
<i>Made in Piedmont in the village of Vergne from grapes in the prized vineyards of 'Bricco delle Viole' and 'Fossati', this wine-maker Aldo Vajra is a traditionalist. He adheres to old-style winemaking methods, ageing his Barolo in barrel for three and a half years prior to bottling. His Barolo has a sinewy texture, a Burgundian intensity and a purity of flavour that makes them stand out amongst the crowd. Complex and with deep blueberry fruit, but also with good minerality and spice with a long, structured finish.</i>		

Soft Drinks

Freshly squeezed juices:

Orange	3.25
Apple	3.25
Carrot	3.25
Pink Grapefruit	3.25
Smoothie of the day	3.25
Fentimans Ginger Beer	3.00
Fentimans Victorian Lemonade	3.00
Sparkling or still water (small)	2.00
Sparkling or still water (large)	3.50
Glass of milk	2.00