

We set up The Real Eating Company to provide real food for people who love to eat, cook and buy good food.

The company is now in its seventh year of trading and over this time has enjoyed significant growth, operating five sites within the South of England. Swan Walk Horsham is our most recent opening and there are plans to expand further very soon.

Find out more about us at:

www.real-eating.co.uk

FREE crisps and drinks for orders over £40
(2x crisps and 2x soft drinks)

FREE whole cake for orders over £60

20% off
your first order



**THE REAL
EATING
COMPANY**

**Handmade
&
Hand Delivered**

Local Lunch Delivery

Monday – Friday

For orders call: 01273 402658

or

E-mail: deliveries@real-eating.co.uk

Cafes

Horsham

24-26 East Street
Horsham
West Sussex
RH12 1HL

01403 264741

Chichester

Unit 1 Stocklund House
East Street
Chichester
West Sussex
PO19 1JE

01243 699838

Bournemouth

Bournemouth
Gervis Hall
Bournemouth
Dorset
BH1 2AL

01202 556920

Horsham Swan Walk

The Mall Café
Swan Walk Horsham
West Sussex
RH12 1HQ

01403 754218

Restaurant

Lewes

18 Cliffe Street
Lewes
East Sussex
BN7 2AJ

01273 402650
lewes@real-eating.co.uk

The Real Eating Company Horsham

24-26 East Street
Horsham
West Sussex
RH12 1HL

As our menus are seasonally changing, our most recent delivery menu will always be on our website.

www.real-eating.co.uk



We make lunchtime easy

From Monday to Friday we deliver delicious handmade sandwiches and snacks directly to your door.

The finer detail

Orders

Place your orders up to 7 days in advance. You can place your order by 4pm to ensure next day delivery

Place your order over the phone - 01273 402658

Email your order - deliveries@real-eating.co.uk

E-mail orders must state: address / contact number

You will receive order confirmation and a receipt via e-mail. **If you order via e-mail, we will contact you to take the payment.

Deliveries

We deliver straight to your door free of charge if you spend over *£20.00 and if you are located in Horsham town centre. Although, if you ask nicely and give us 24 hours notice we can deliver a little further afield.

Payment

We take payment by credit or debit card on the day of delivery. Alternatively, you can collect from us, if it is easier.

Cash payment for collections only

*We deliver within a half a mile radius of our café. Customers outside of Horsham town centre may incur a small delivery charge. Our minimum order value is £20.

** payments must be processed before delivery of goods

Menu



Sandwich/Baguette Platters

All our sandwiches and baguettes are freshly prepared by us on site each day. Our ingredients are sourced from independent, mostly Sussex based companies who care about quality, just like us.

Our platters are perfect for business lunches, team meetings or just because you deserve a treat. Each platter contains 20 sandwich quarters, suitable for 4 – 5 people.

Create your own platter each

Tuna Mayonnaise and Cucumber*	3.00
Free Range Egg Mayonnaise and Watercress	3.00
Prawn Mayonnaise with Rocket Sandwich	3.60
The Real Classic Club	3.70
Honey Roast Ham with Red Peppers*	3.00
Mature Cheddar and Tomato	2.95
Houmous, Carrot and Rocket (vegan)	2.80
Honey Roast Ham and Cheddar	2.95

* baguette or sandwich

Real Eating Classic Platter - £15.95

A choice of classic favourites: 4-5 people

Tuna Mayonnaise and Cucumber, Free Range Egg Mayo and Watercress, Mature Ham and Cheddar, Mature Cheddar and Tomato and Prawn Mayo with Rocket

Real Eating Special Platter - £15.95

A selection of some of our best: 4-5 people

The Real Classic Club, Houmous, Carrot and Rocket, Free Range Egg Mayonnaise and Watercress, Sussex Ham and Cheddar and Honey Roast Ham with Red Peppers

Crisps

Tyrells Crisps - lightly sea salted, cider vinegar, cheddar cheese **0.95**

Topcorn - skinny sea salt, sweet n salt and skinny chocolate **0.99**

Fruit

Orange, apple or banana **55p each**

Cake and Pastry Boxes



It's never too early or late for a slice of yummy cake or a pastry treat! So go on, why not treat yourself?

Our delicious homemade cakes and treats are baked to order for The Real Eating Company. Our pastries are freshly baked in store each day too.

Breakfast

Croissant	1.20
Pain Au Chocolat	1.50
Seed Bar	2.00

Classic Handmade Cakes

A selection of delicious handmade cakes. Perfect for a special occasion or just because it's Friday.

Each whole cake contains 12 slices. Choose from:

Coffee and Walnut Cake	25.00
Carrot Cake	25.00
Banoffee Cake	25.00
Dark Chocolate Brownie (individual)	2.20
All Butter Shortbread (individual)	1.60

Whole cakes must be ordered 24 hours in advance.

Soft Drinks

BottleGreen ElderFlower Still	1.65
BottleGreen Pomegranate & Elderflower Still	1.65
BottleGreen Apple & Ginger Still	1.65
Whole Earth Organic Lemonade	1.65
Whole Earth Organic Cola	1.65
Whole Earth Organic Sparkling Ginger	1.65
Mineral Water (still or sparkling)	0.85